



13900 W Wainwright Dr
Boise, Idaho 83713
P: 208.433.9424
F: 844.833.5686
Info@idahonutrition.com

Insurance Benefit Checklist for Nutrition Services

Idaho Nutrition Associates and our Providers are in-network with most insurance plans. However, we recommend **confirming network status prior to your initial appointment** due to the ever-changing insurance and network environment.

In addition, please take the time to inquire about **specific details related to your nutrition benefits**.

The following is a list of important details you'll want to ask when you contact your insurance company:

- ✓ Benefit details for the following **procedure codes**:
 - Medical Nutrition Therapy (often listed as "nutrition counseling")
 - **97802**: Initial appointment
 - **97803**: Follow-up appointments
 - **NOTE: WE DO NOT PROVIDE OR BILL FOR PROCEDURE CODE S9470 or G0108**
- ✓ **Specifically ask...**
 - If you have "**preventative**" benefits for nutrition services:
 - Ask for **benefit details** related to what diagnosed condition(s) are included in the preventative benefit. (i.e. some plans **will not** cover for overweight or obesity but **will** cover for hypertension, high cholesterol, or pre-diabetes)
 - How many appointments you are eligible for in a benefit period?
 - Next ask if you have benefits for nutrition services that **fall outside of your preventative benefits**.
 - Are there limitations or exclusions related to a health issue or diagnosed condition. What diagnoses are covered?
 - Are your visits applied to your deductible?
 - Will you owe a co-pay?
 - How many appointments are you eligible for per benefit period?

NOTE: Some plans only cover certain health conditions. Others may cover for any medically necessary reason. It's important to request that the insurance agent investigates your benefit details thoroughly.

- ✓ Does your plan require a referral or prior authorization?
- ✓ **Very important:** document the date, name of the agent, and get a **reference number for the call**.
- ✓ Please don't hesitate to call us if you have any questions or concerns about the information you receive from your insurance company.

IMPORTANT NOTE: ONCE WE HAVE BILLED INSURANCE, WE CAN NO LONGER OFFER OUR CASH PAY DAY-OF-SERVICE DISCOUNT. WE ARE CONTRACTED AND OBLIGATED TO BILL THE PATIENT/ RESPONSIBLE PARTY FOR THE AMOUNT INSURANCE IDENTIFIES AS "PATIENT RESPONSIBILITY".

If you find you do not have benefits, please ask about our cash pay discount rate for payments made on the day of service.