



## Nutrition Positively Impacts Health

### WEIGHT

- Overweight/Obesity
- Underweight; BMI < 18.5
- Bariatric Surgery
- Eating Disorders: *Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder*
- Failure to Thrive
- Malnutrition
- Nutrient deficiency

### CARDIOVASCULAR HEALTH

- Coronary Artery Disease
- Heart Attack or Stroke
- Suboptimal Blood Lipids
- Hypertension

### DIABETES

- Type 1
- Type 2
- Gestational
- Pre-Diabetes
- Insulin Resistance

### RENAL CONDITIONS

- Kidney Stones
- Chronic Kidney Disease

### PEDIATRICS

- Feeding Strategies to Promote Healthy Future
- Overweight/Obesity
- Underweight/Failure to Thrive
- Selective Eating Issues
- Autism Spectrum Disorders
- ADD/ADHD

### FOOD AVOIDANCE

- Food Allergies
- Food Sensitivities/Intolerances

### GASTROINTESTINAL DISORDERS

- Gastroparesis
- GERD
- IBD
- IBS
- Nutrient Malabsorption
- Chronic Constipation/Diarrhea
- Gallbladder
- Pancreatitis
- ***Nutrition Impacts All GI conditions***

### WOMEN'S HEALTH

- PCOS
- Prenatal Nutrition & Weight Gain
- Gestational Diabetes
- Breastfeeding
- Menopausal Weight Gain

### AUTOIMMUNE DISORDERS

- Multiple Sclerosis
- Celiac Disease
- Rheumatoid Arthritis
- Crohn's Disease
- Ulcerative Colitis

### MUSCULOSKELETAL CONDITIONS

- Arthritis
- Gout
- Osteoarthritis
- Osteoporosis

### WELLNESS & PREVENTION

- Lifestyle approaches for healthy living across the lifespan