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Insurance Benefit Checklist

Idaho Nutrition Associates and our Registered Dietitians are in-network with most insurance plans. However, we recommend **confirming network status prior to your initial appointment** due to the ever-changing insurance and network environment.

In addition, please take the time to inquire about **specific details related to your nutrition benefits**.

The following is a list of important details you'll want to ask when you contact your insurance company:

- ✓ Request benefit details for the following procedure codes:
 - Medical Nutrition Therapy
 - **97802:** Initial appointment
 - **97803:** Follow-up appointments
 - **NOTE: WE DO NOT PROVIDE OR BILL FOR S9470 or G0108**

- ✓ Ask if your benefits:
 - fall under "preventative" services
 - are applied to your deductible
 - require a co-pay
 - are limited to a certain number of visits per benefit period
 - have limitations or exclusions related to a health issue or diagnosed condition.
 - If so, what health issues/conditions will they cover?

NOTE: Some plans only cover certain conditions such as diabetes, heart disease, overweight, or eating disorders. Others may cover for any medically necessary reason, and some allow visits as part of wellness and prevention benefits.

- ✓ Does your plan require a referral or prior authorization?

- ✓ **Very important:** document the date, name of the agent, and get a reference number for the call.

- ✓ Please don't hesitate to call us if you have any questions or concerns about the information you receive from your insurance company.

IMPORTANT NOTE: ONCE WE HAVE BILLED INSURANCE, WE CAN NO LONGER OFFER OUR CASH PAY DISCOUNT. WE ARE CONTRACTED AND OBLIGATED TO BILL THE PATIENT / RESPONSIBLE PARTY FOR THE AMOUNT INSURANCE IDENTIFIES AS "PATIENT RESPONSIBILITY".

If you find you do not have benefits, please ask about our cash pay discount rate for payments made on day of service.