

Weight Loss Information

We take an individualized approach when working with our clients on their weight loss goals, and your health is our top priority. Our healthcare team is here to provide the treatment plan you're looking for along with ongoing support to help you achieve and maintain your success.

The foundation of successful long-term weight loss is always grounded in a healthy and sustainable nutrition and lifestyle plan. In addition, we have a comprehensive list of tools and options, including a Medical Weight Loss Program, to help support a positive weight loss journey.

- *Nutrition & Lifestyle Coaching with your Registered Dietitian
- *Medical Evaluation and Follow-up with our Nurse Practitioner
- Tirzepatide Injections
- MIC Injections (Methionine, Inositol, Choline with B12)
- Testing options: Hormone, Food Sensitivity, & Micronutrient Testing; GI Mapping; Body Composition; Metabolic Rate
- Continuous glucose monitor
- Personalized supplement recommendations
- Shared tracking app
- EmSculpt NEO: builds lean muscle, boosts metabolism, destroys areas of stubborn fat, and helps tighten loose skin.
- Weight maintenance planning

*Required for injectable weight loss therapy.

Medical Weight Loss Program Requirements

- **Initial appointments:**
 - **Registered Dietitian**
 - **Nurse Practitioner**
- **A complete list of medications with dosing**
- **Labs within the last 12 months:** CMP, CBC, lipid panel, TSH
- **RD follow-up every 4 weeks**
- **NP follow-up every 12 weeks**

Medical Weight Loss Program Costs

Initial Appointments: An appointment with the Registered Dietitian **AND** our Nurse Practitioner is required for medication approval. Each appointment is billed separately and is not included in the program options listed below.

NOTE: *We're happy to submit your appointments to insurance, or if you're unsure of benefits and would prefer not to use insurance, please ask about our same-day cash-pay discount rate. Please be aware that insurance plans vary significantly. Some plans may not cover or may limit benefits for weight related services. It is highly recommended that you contact your plan to verify network status, prior authorization requirements, and benefits. It's also important to understand that once we bill your insurance, they determine your patient responsibility, and we cannot change their determination.*

Tirzepatide Injections: Once you have been approved for medication, we have 3 program options to consider.

Option 1*: Basic Program - \$329 every 4 weeks.

Includes your medication, medical management, coordination of care, refills, & on-site injections if desired. It does not include your RD & NP follow-up appointments. This is a perfect option if you have insurance benefits for both RD & NP follow-up appointments.

Option 2*: Premier Program - \$359 every 4 weeks.

Includes our **Basic Program AND** either **RD or NP follow-up** for those who may not have insurance benefits for either Office Visits (NP) **OR** Nutrition Visits (RD).

Option 3: Elite Program - \$389 every 4 weeks. This is a complete package including **our Basic Program and all RD & NP follow-up appointments.** There is no insurance billing with this option.

****Important Note:*** *Follow-up is required with your RD or NP every 4 weeks to continue medication. If you choose an option that includes insurance billing, please note there may be additional charges in the event insurance does not cover your appointment, applies the appointment to your deductible, or identifies a patient responsibility such as coinsurance or copay.*

Payment Options:

Recurring Credit Card Authorization: Your first payment is due when you start on medication.

Thereafter, your credit card will be automatically charged approximately every 4 weeks at the time your prescription order is refilled.

Financing: Our clinic offers great financing plans through Cherry Financing. Please ask for more information. We'd be happy to help you get the most out of this option.